

Thameslink Programme Health & Safety – Good Practice 009

Bridgeway Fleet Quarterly Safety 3-4-3 Briefing (3 items for the next 3 months)

Overview/Description

A quarterly publication focussing on fleet related safety, operational and environmental information. The briefings are delivered at Bridgeway’s Quarterly Town Hall briefing sessions.

The publication is provided in hardcopy to all Bridgeway staff and is also available for download on Bridgeway staff Intranet.

1 Quit Idling
Vehicle emissions are a major source of greenhouse gases and a cause of global climate change. Idling your vehicle for one hour can use up as much as a gallon of fuel. Idling also increases your maintenance costs for general wear and tear.

ADOPT THE "10 SECOND RULE"
If you're stopped for more than 10 seconds, except in traffic, turn your engine off.

UNNECESSARY VEHICLE IDLING
Unnecessary idling creates pollution that worsens respiratory problems and contributes to smog and global warming. It also wastes fuel - you are getting literally "burnt" miles to the life.

2 Vehicle Safety On the Railway Infrastructure
Advanced consideration must be taken before accessing the Railway Infrastructure.

- Be aware that the ground and ballast of vehicle access points can be very uneven - there is a risk of your vehicle getting stuck.
- There can be a risk of your vehicle being damaged by unseen obstacles e.g. posts, pillars hidden by branches or bushes.
- Water levels can be difficult to gauge after heavy rain. What first appears to be a puddle can be a lot deeper - check the depth before you drive through.

3 Road Traffic Accident Procedures – What You MUST Do
If you are involved in an accident, you must:

- Stop - however minor you think a car accident is, you must stop. Failing to do so is an offence under the Road Traffic Act.
- Ensure that you are not at danger.
- Call 999 if anyone is injured.

DRIVING LIFESAVING RULES
Driving is probably the most dangerous thing you do on a daily basis. The following rules are in place to keep you safe and must never be broken.

- Never work or drive while under the influence of drugs or alcohol.
- Always obey the speed limit and wear a seat belt.
- Never use a hand-held or head-free phone, or programme any other mobile device, while driving.

Key Principles

The key principles for publishing the Fleet Safety 3-4-3 are:

- Changes to Bridgeway operational procedures and requirements
- Safe driving information
- Regular reminder of the Rail Industry Lifesaving rules
- Legislation Updates
- Environmental updates

These become part of the Bridgeway staff quarterly core safety briefing cascade.

Benefits

- Staff are regularly updated with changes to Bridgeway’s vehicle operational requirements and procedures e.g. accident reporting procedures
- Reinforcement of understanding of environmental impacts of driving
- Sharing of good driving practices and also highlighting the hazards and risks
- Highlighting changes to Legislative requirements for driving and vehicles